

Oregon Alliance  
Oregon Child & Family Services Council

# Annual Summit

## May 4 – 6, 2022



*“Health Equity: How Can We Harness the Power of Oregon’s Communities to Ensure All Voices are Valued and Incorporated into a Just Pandemic Recovery?”*

At The Eagle Crest Resort ♦ 1522 Cline Falls Road Redmond, OR 97756 ♦ 855-682-4786

Thank you Sponsors!





Oregon Alliance/Oregon Child & Family Services Council

## Annual Summit

May 4—6, 2022 at the Eagle Crest Resort  
1522 Cline Falls Rd, Redmond, OR 97756



- Call Eagle Crest at 855-682-4786 (phone reservations only)
- Mention the Oregon Alliance May Summit for a discount room rate

[Register for the Summit Here](#)

### Wednesday, May 4

11:00 AM—3 PM	Registration Check In
11:00 AM—1:00 PM	Building Community Resilience Work Session (Invitation Only)
1:00 PM—2:30 PM	Health Equity 101: What Does Health Equity Mean to You?
3:00 PM—5:00 PM	Revitalize Yourself by Supporting your Nervous System at Work (2 CEUs Available)

### Thursday, May 5

8:00 AM—9:00 AM	Breakfast & Check In
9:00 AM—9:30 AM	Welcome & Introductions
9:30 AM—10:15 AM	Key Note by Former Governor John Kitzhaber
10:30 AM—11:00 AM	Break
11:00 AM—11:45 AM	Youth Voices Panel
11:45 AM—12:30 PM	Lunch Buffet
12:30 PM—1:30 PM	Policy Panel with State Agencies and Coordinated Care Organizations
1:30 PM—1:45 PM	Break
1:45 PM—4:00 PM	Community Engagement Work Session: Presentation, Panel, & Experiential Activity AJOURN
5:00 PM—6:30 PM	President's Reception—Hors D'oeuvres & Refreshments

### Friday, May 6 (Alliance Members Only)

8:00 AM—9:00 AM	Breakfast
9:00 AM—11:30 AM	Oregon Alliance & Oregon Child & Family Services All Member Meeting SUMMIT ENDS



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**1:00 PM—2:30 PM Wednesday, May 4**



### **Health Equity 101 with Mariotta Gary-Smith, MPH, CSE**

*Health Equity means many things to many people – do you know what it means to you?*

This workshop will offer foundational ideas of health equity and engage your curiosity on your role within your work. You’ll deepen your understanding of advocacy in real time to improve health outcomes of community members. We’ll also develop a common language for/around health equity terms/definitions; discover the role each of us has to advance and advocate health

equity; and determine what are the needs in this moment and the future of health equity post-pandemic. At the end of the workshop, participants will be able to:

- Identify two different definitions of Health Equity
- Name three ways health equity impacts your work (defined & collective)
- Share one new idea of how you can expand your advocacy for health equity in your work/community.

Mariotta Gary-Smith is a 3rd generation Oregonian and social justice agitator who has built a local and national reputation for informative, thoughtful, challenging and honest presentations, workshops and trainings about racial justice, health equity and social critique.

With over 20 years of collaborating with folks and organizations across various identities and perspectives, Mariotta remains committed to curating, facilitating and sustaining spaces that support clear and accountable learning on the intersections of social justice, health equity and “actionable agitation”. In her day job, Mariotta is a Health Equity Strategist with Health Share of Oregon, where she works with health care systems on improving access and services for Portland’s Medicaid population with an intentional lens on racial equity and justice.



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**3:00 PM—5:00 PM Wednesday, May 4**



### ***Revitalize Yourself by Supporting your Nervous System at Work with Shauna Signorini & Melissa Ballard-Batiste***

Resourcing yourself at work can be a challenge. Join us to discuss the Vagus Nerve, meeting your needs and caring for yourself throughout the day. Learn how to make stress more manageable from a brain perspective. We explore simple ways to calm the body and mind to support yourself and your nervous system in your life and work.

- Revisit your nervous system, the Vagus Nerve and resilience boosters
- Explore grounding and revitalizing activities
- Resource your toolkit and schedule to prepare for trying times
- See the positive and negative effects of stress on our functioning



Shauna Signorini Shauna (she/her/hers) is passionate about mental wellness and understanding the nervous system. Since 2010, she has shared about individualized self-care using neurobiology and hope to audiences across the nation. She knows firsthand that life’s challenges can leave lasting impacts on a person. Understanding trauma’s effects can be life changing. There is hope; the brain can change with the right supports.

Melissa (she/her/hers) is a Black, Cis-femme, clinical social working story teller. As the founder of Inspired Boldness, she advocates for authentic living, boundary setting and radical self-care. She encourages mental, physical and spiritual health while existing unapologetically in her identity. She continually works to provoke critical and conscious thought and inspire boldness. Melissa specializes in helping people face life's challenges and work toward living their best life on their own terms.

*2 CEU's Available for this workshop.*





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**9:30 AM—10:15 AM Thursday, May 5**



### **Keynote Address by Former Governor John Kitzhaber, M.D.**

***Rebuilding the Oregon Community: Ensuring Every Child, Family and Community has an Equitable Opportunity to Succeed***

Governor Kitzhaber will highlight his work on the Executive Roundtable for Healthcare and Education. He'll present on addressing the conditions of poverty, injustice and systemic racism, alarmingly exacerbated by the Pandemic, that undermine the success of children and families and lead to structural social inequities and health disparities. He'll also discuss empowering and

investing upstream in those most impacted by co-creating 'whole person', community-based, culturally-specific integrated supports and services for children, families, communities, and our workforce.

John was born in Colfax, Washington, March 5, 1947; graduated from Dartmouth College, 1969; and the University of Oregon Medical School, 1973. Following his internship in Denver Colorado he practiced Emergency Medicine in Roseburg, Oregon from 1974-1989. He was elected to the Oregon House of Representatives in 1978; the State Senate in 1980, 1984 and 1988; serving as Senate President from 1985-1993. John is Oregon's longest-serving governor, holding that office from 1995-2003 and 2011--2015.

As Senate President, he authored the groundbreaking Oregon Health Plan. Hundreds of thousands of low and moderate-income Oregon families and their children still have access to health care because of this work. During his third term as governor John was the chief architect of Oregon's Coordinated Care Organizations, the first effort in the country created on a statewide basis to meet the Triple Aim—better health, better quality, lower cost—with a focus on community and population health.

As an emergency physician John saw medical problems that started first as social problems in the home. This led to his lifelong commitment to at risk children and families, reflected in his work during three terms as governor: the Oregon Children's Plan; the transformation of Oregon's early childhood delivery system; and the creation of the Early Learning Council and local Early Learning Hubs. He currently sits on the national board of directors of Families U.S.A.

John is currently a writer, speaker and private consultant on health policy and politics, early childhood and natural resource management. He lives in Portland and spend his free time fly fishing and white-water rafting on Oregon's wild and scenic rivers.



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**11:00 AM—11:45 AM Thursday, May 5**

### ***Youth Voices Panel***

The Oregon Alliance believes the experiences of children, youth, and families are the ultimate metric of how well child-caring systems are performing and that it is the children, youth, and families that should guide and inform our work. Youth should be design partners in a reimagined child welfare system. They can be full participants in crafting what types of services and supports are most needed and helpful. Child-caring systems and its workforce must be driven by a common vision of empowering and respecting youth and families and helping them to secure a pathway to well-being and success.

During this panel presentation, youth with various experiences will share their insights.

**12:30 PM —1:30 PM Thursday, May 5**

### ***Health Equity Policy Panel with State Agencies and Coordinated Care Organizations***

Oregon state agencies and Coordinated Care Organizations strive to have health systems that creates health equity where all people can reach their full health potential and well-being and are not disadvantaged by their race, ethnicity, language, disability, gender, gender identity, sexual orientation, social class, intersections among these communities or identities, or other socially determined circumstances. Achieving health equity requires the ongoing collaboration of all regions and sectors of the state.

Listen, learn, and ask questions during a policy panel composed of leaders from the Oregon Department of Human Services, The Oregon Health Authority, the Oregon Youth Authority, and Coordinated Care Organizations.

*Facilitated by Tim Murphy, Chief Executive Officer, Bridgeway Recovery*



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**1:45 PM—4 PM Thursday, May 5**

### ***Community Engagement Work Session: Presentation, Panel, & Experiential Activity***

The 2021 Oregon Legislature established a \$180 million fund to support regional community investments to ensure people with behavioral health service needs have culturally and linguistically appropriate housing and residential service options.

Building Community Resilience (BCR) Oregon was awarded the opportunity to submit a plan to the Oregon Health Authority as a part of this grant. BCR Oregon is a self-sponsored statewide network that fosters engagement between grassroots community members and public/private systems to develop a protective buffer against adverse childhood experiences (ACEs) occurring in adverse community environments (ACEs) – the “Pair of ACEs.”

BCR Oregon’s project is currently providing technical assistance to three community-based organizations (Youth Progress, Jackson Street Youth Services, and Catholic Community Services of the Willamette) working to eliminate behavioral health inequities in housing and facility-based residential services using the BCR framework, network and supports. These organizations are embedded in communities adversely impacted by behavioral health inequities in housing and facility-based residential services.

Join this dynamic session for insights on how to engage your local communities:

#### **Presentation:**

- Brief orientation to the work of Building Community Resilience at the national and local levels.
- Overview of efforts related to BCR Oregon’s work to date on this planning grant.
- Overview of community engagement strategies that exemplify equity and the Pair of ACEs (Adverse Childhood Experiences occurring within Adverse Community Environments) presently being utilized as a part of this grant to listen to and learn from the voices of lived experience.
- Brief orientation to the efforts of several Alliance member organizations who have also received this planning grant.

#### **Panel:**

- Panel of organizations who received this award—speaking on the topic of community engagement strategies.
- Successes and obstacles related to community engagement will be discussed along with an opportunity for Q&A.

#### **Activity:**

- Experiential small group work.
- Together, we will practice using trauma-informed and equity-driven community engagement strategies.
- The topic: How do organizations engage community and hold the voices of lived experience at the heart of all efforts?

5:00 PM—6:30 PM Thursday, May 5th

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5:00 PM—6:30 PM

## President's Reception



*Join fellow attendees for a casual reception to socialize over heavy hors d'oeuvres and a full bar.*

*Two complimentary drinks are included with your registration.*

Thank you Sponsors!



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***Oregon Alliance/Oregon Child & Family Services Council All-Member Meeting  
(Alliance Members Only)***

- Breakfast from 8:00 AM—9 AM
- Agenda & Materials for the All-Member meeting will be sent out to members before meeting:
  - Highlights of 2021/22 & Strategic Plan for 2023
  - Budget Approval
  - Elections & Board Slate Approval

Stoel Rives is a proud supporter of

**Oregon Alliance**

Thank you Oregon Alliance for advocating for the safety, health and well-being of children and their families in communities across Oregon.



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